

UPTON GRILL ROOM

STARTERS

BREAD & OLIVES Rustic Bread with Chorizo Oil, Garlic Oil & Tapenade	£2.95
HONEYDEW MELON Wild Berry Coulis, Fresh Fruit Garnish	£4.25
THAI SALMON FISHCAKES Mixed Leaves, Orange Gremolata Mayonnaise	£5.95
GOAT'S CHEESE Aubergine & Red Onion Tartlet, Soft Herb Salad	£5.35
CRISPY SALT & CHILLI SQUID Fennel Salad, Scallion, Tomato & Soya Dressing	£5.75
MIXED VEGETABLE & CHICKPEA SPRINGROLL Provençal Sauce & Dressed Leaves	£4.95
KING PRAWN & GINGER WONTON Shallot Garlic & Coriander Dressing	£6.25
SOUP OF THE DAY Served with a Freshly Baked Roll or Wheaten Bread	£3.50
BREADED MUSHROOMS Deep Fried Mushrooms served with a Garlic Dip & Mixed Leaves	£4.85
PRAWN COCKTAIL Norwegian Prawns on a Bed of Iceberg Lettuce with Tomato, Cucumber, Marie Rose Sauce & Wheaten Bread	£5.95
DUCK LEG CONFIT Pickled Beetroot & Orange Salad, Sherry Vinegar Caramel	£5.95

OPEN SANDWICHES & SALADS

OPEN SANDWICHES

Dressed Salad & Wheaten Bread with your choice of the following:

PRAWN MARIE ROSE	£9.60
TUNA, RED ONION & MAYONNAISE	£7.35
CHICKEN SALSA Breast of Chicken with Sweetcorn Salsa & a Light Mayonnaise with Chives	£8.95

SALADS

CHICKEN PESTO Char Grilled Chicken, Pesto Couscous, Mixed Leaves & Chickpeas in a Light Tomato Dressing	£9.60
PLAIN CAESAR Classic Caesar Salad with Lettuce, Bacon, Croutons, Parmesan, Anchovies & Caesar Dressing	£6.95
CONTINENTAL CAESAR Classic Caesar with a Char Grilled Chicken Fillet	£9.50
SALMON & SWEET PEPPERS Grilled Fillet of Salmon with Sweet Peppers, Onion & Tomato, Topped with a Citrus & Chive Aioli	£10.95

MAIN COURSES

THE FOLLOWING MAIN COURSES ARE SERVED WITH YOUR CHOICE OF POTATO

BURGERS

PLAIN BURGER 8oz Beef Burger in a Flourey Bap	£6.95
GOAT'S CHEESE BURGER 8oz Beef Burger Topped with Sun Blushed Tomato & Goat's Cheese	£8.25
DELUXE BURGER 8oz Beef Burger with Tomato, Lettuce, Onion & Fried Egg	£7.95
TRADITIONAL TEMPLETON BURGER 8oz Beef Burger with Bacon, Relish & Melted Cheese	£8.25
ITALIAN BURGER 8oz Burger Topped with Italian Sausage, Sweet Pepper & Provolone Cheese	£8.50
CHICKEN BURGER Grilled Chicken Fillet with Bacon & Melted Cheese	£9.50

WRAPS

CAJUN CHICKEN Deep Fried Chicken Goujons with Salad, Cajun Sauce & Mayonnaise	£7.45
BACON Grilled Bacon, Salad & Spiced Onion Chutney	£7.25
CRISPY SPICY BEEF Strips of Beef with Scallions, Tomato, Red Onion, Ginger & Coriander Mayonnaise	£8.50

FAJITAS

CHICKEN Stir fried Chicken & Vegetables in a Hot & Spicy Fajita Seasoning	£10.75
BEEF Stir Fried Beef & Vegetables in a Hot & Spicy Fajita Seasoning	£11.75

TOASTED SANDWICHES

Toasties are served on your choice of White, Brown or Pitta Bread

MINUTE STEAK Minute Steak with Sautéed Onions & Mushrooms	£9.75
TEMPLETON CLUB Double Decker Toastie with Grilled Bacon, Chicken, Lettuce, Tomato, & Mayonnaise	£9.50
B.L.T. Double Decker Toastie with Grilled Bacon, Lettuce, Tomato & Mayonnaise	£7.35

PITTA POCKETS

CHILLI BEEF Strips of Beef with Chilli Sauce & Natural Yoghurt	£11.75
SWEET CHILLI CHICKEN Strips of Chicken with Roasted Vegetables & Sweet Chilli Sauce	£10.75

OMELETTES

Cooked to Order – Three Egg Omelette served Plain or with your Choice of Fillings

PLAIN	£6.75
ADDITIONAL FILLINGS Cheese, Ham, Mushrooms, Peppers, Bacon Prawns, Chicken, Smoked Salmon	£1.00 EACH £1.45 EACH



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THE CHAR GRILL

*RIB EYE STEAK Grilled 8oz Rib Eye Steak topped with Tomato, Onions & Cheese	£14.95
*16OZ T-BONE STEAK With Grilled Tomato, Mushrooms & French Fried Onions	£19.95
*10OZ DRY AGED SIRLOIN STEAK	£16.95
*10OZ FILLET STEAK Served Butterflied	£18.95
*MIXED GRILL Minute Steak, Pork Escallop, Lamb Chop, Lamb's Liver, Sausages, Bacon, Tomato, Mushrooms & a Fried Egg	£16.95
*CHAR GRILLED CHICKEN Breast of Chicken, Char Grilled & Served Plain or Topped with Roast Mediterranean Vegetables and Mozzarella	PLAIN £10.50 TOPPED £11.25
*CRISPY SESAME CHICKEN Goujons of Chicken coated in a blend of Cajun & Chinese Spices with Breadcrumbs & Sesame Seeds, served with Satay & Garlic Dips	£9.50
*ALL OF THE ABOVE SERVED WITH YOUR CHOICE OF POTATO OR SALAD	
MEDALLIONS OF BEEF FILLET Grilled Beef Medallions, Champ Potato, Irish Whiskey & Mushroom Cream Sauce	£16.95
HALF ROAST DUCK Parsnip Mashed Potatoes, Pear & Raisin Jus	£12.50
GRILLED LAMB CUTLETS Pea & Mint Mashed Potato, Grilled Tomato, Balsamic Shallot Gravy	£13.75
ESCALLOPS OF PORK Char Grilled Pork Escallops, Bacon & Cabbage Creamed Potato, Poached Apple & Marsala Gravy	£11.25
LIVER & BACON Grilled Lamb's Liver & Bacon, Parsley Mash, Gravy & Crispy Onions	£9.50
SAUSAGES & MASH Pork & Leek Sausages, Champ Potato & Guinness Onion Gravy	£8.50
GAMMON & PINEAPPLE Chargrilled Gammon Steak topped with Pineapple	£9.95
PASTA Tagliatelle or Penne Pasta with one of the following:	
PORK Strips of Pork, Sunblushed Tomatoes, Garlic & Rosemary	£10.95
CHICKEN Char Grilled Chicken & Bacon with Spinach & Gorgonzola Cheese	£12.50
STRIPS OF BEEF Strips of Beef with Vegetables, Sweet Chilli & Soya Sauce	£13.25
SEAFOOD PASTA Monkfish, King Prawn & Squid with Fennel Chorizo & Sweet Pepper in a Rich Tomato Sauce	£13.95
HOME MADE LASAGNE Layers of Pasta & Bolognese Sauce topped with Cheese & Herbs, Served with Mixed Leaves, Tomato & Coleslaw	£8.95

VEGETARIAN

FAJITAS Stir Fried Vegetables in a Hot & Spicy Fajita Seasoning, Rolled in Tortilla Wraps	£8.75
NOODLES Stir Fried Vegetables with Sweet Chilli, Soya Sauce & Noodles	£9.25
ROAST & GRILLED VEGETABLES Roast & Grilled Vegetables, Colcannon Potato, Sweet Pepper Puree, Herb Oil & Pine Kernels	£9.50
FISH	
FILLET OF SALMON Oven Roast Fillet of Salmon topped with Cajun Sauce, served with Creamy Champ & Sweet Corn Salsa	£12.50
SCAMPI & CHIPS Deep Fried Battered Scampi with Salad Garnish & Tartare Sauce	£11.50
SEABASS Pan Fried Fillet of Seabass, Sautéed Potatoes, Provençal Sauce & Basil Pesto	£12.50
MONKFISH SALTIMBOCCA Monkfish with Sage & Parma Ham on a Bed of Caper Mash, Seed Mustard Cream Sauce	£12.95
FILLED JACKET POTATOES	
PRAWN & MARIE ROSE SAUCE	£6.95
TUNA, ONION & MAYONNAISE	£5.75
SMOKED SALMON WITH AVOCADO Horseradish Crème Fraîche	£6.25
ADDITIONAL FILLINGS	£1.25

SIDES

SAUCES	£1.95	SIDE ORDERS	
Peppercorn		Vegetables of the Day	£2.95
Roast Gravy		Sautéed Mushrooms	£2.25
Garlic and Herb in Melted Butter		Sautéed Onions	£2.25
Mushroom & Whiskey Cream		French Fried Onions	£2.75
Tomato, Brandy & Dijon		Chips	£3.25
DIPS/DRESSING	£0.95	Shoestring Fries	£2.50
Chilli		Spicy Criss Cross	£2.50
Marie Rose		Sauté Potatoes	£2.95
Garlic Mayo		Garlic Sauté	£3.25
Satay		Sweet Chilli Potatoes	£3.25
Caesar		Boiled Potatoes	£2.50
Tapenade		Baked Potato	£2.50
Salsa Verde		Champ	£2.95
Tartare Sauce		Garlic Bread	£2.50
		Cheesy Garlic Bread	£2.95
		Side Salad	£3.50
		Caesar Salad	£3.95
		Coleslaw	£1.95
		Tobacco Onions	£2.75

Should you have any special dietary requests our staff will be happy to assist.

Some of our menu items may contain nuts/nut products - please check with our staff when ordering your meal.

In the interest of Health and Safety children should be supervised at all times.

We hope you have an enjoyable meal. **BON APPETIT!**



TEMPLETON
HOTEL
TEMPLEPATRICK

